

# INTERNATIONAL APPALACHIAN TRAIL SENTIER INTERNATIONAL DES APPALACHES LONG DISTANCE THRU HIKER APPLICATION

The IAT/SIA recognizes anyone who reports completion of the entire Trail. IAT/SIA policy is to operate on an honor system, assuming that those who apply have hiked all of the IAT/SIA between Katahdin and Cap Gaspe, Quebec, or St. Anthony Newfoundland, either as a Thru-hiker or in sections. If you meet these standards, please complete and sign the form below.

I, \_\_\_\_\_, verify that I have hiked the entire length of the International Appalachian Trail.  
(print name)

\_\_\_\_\_ (signature) \_\_\_\_\_ (date)

Hiker's Trailname \_\_\_\_\_

Street \_\_\_\_\_

City, State, Zip \_\_\_\_\_ IAT/SIA Member: Yes No

Phone ( ) \_\_\_\_\_

E-mail \_\_\_\_\_

Occasionally other hikers and academic researchers will ask for your address, phone number and e-mail. May we give out this information? Yes No

|   |           |            |            |
|---|-----------|------------|------------|
| SECTION-HIKE<br><i>More than 1 year</i> | THRU HIKE | Northbound | Southbound |
|---|-----------|------------|------------|

Starting Date: \_\_\_\_\_ Finishing Date: \_\_\_\_\_  
(month) (day) (year) (month) (day) (year)

Check the portion of the trail you hiked.

- Katahdin to Cap Gaspe
- Katahdin to Belle Isle
- Eastern Continental Key West to Belle Isle
- Appalachian Mountains Trail, Alabama to Cape Gaspe
- Springer Mt. to Cape Gaspe
- Springer Mt. to Belle Isle
- Other \_\_\_\_\_

We will add your name to our official list of Thru-hikers on our web site. May IAT/SIA put you on one of our Thru-hiker lists so that prospective hikers can talk to or correspond with someone who has hiked the trail recently?

Yes No

Here are the names of some of the people I met along the trail:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

IAT/SIA will send you a certificate of completion.